

### Sickness a Disgrace.

All bodily ailments are more or less appeals for help; nor can we doubt in what that help should consist. The more fully we understand the nature of any disease, the more clearly we see that the discovery of the cause means the discovery of the cure. Many sicknesses are caused by poisons, foisted upon the system under the name of tonic beverages or remedial drugs; the only cure is to *chew* the poison. Others, by habits more or less at variance with the health laws of nature. To cure such we have to reform our habits. There is nothing accidental, and rarely anything inevitable, about a disease; we can safely assume that nine out of ten complaints have been caused and can be cured by the sufferers (or their nurses) themselves. "God made man upright." Every prostrating malady is a deviation from the state of nature. The infant, "mewling and puking in its nurse's arms," is an abnormal phenomenon.

Infancy should be a period of exceptional health; the young of other creatures are healthier, as well as prettier, purer and merrier than the adults, yet the childhood years of the human animal are the years of sorest sickness; statistics show that among the Caucasian races men of 30 have more hope to reach a good old age than a new-born child has to reach the end of its second year. The reason is this: The health-theories of the average Christian man and woman are so egregiously wrong that only the opposition of their better instincts helps them—against their conscience, as it were—to maintain the struggle for a tolerable existence with anything like success, while the helpless infant has to conform to those theories—with the above result.—*Popular Science Monthly.*

### The Peanut.

The peanut is the fruit of a plant common in warm countries. It is sometimes called the ground pea and ground or earth nut, and in the Southern States the goober or goober nut. Still another name for it is pindal or pinder, and in Western Africa it is called mandubi. The plant is a trailing vine, with small yellow flowers. After the flowers fall the flower stem grows longer, bends downward and the pod on the end forces itself into the ground, where it ripens.

Peanuts are raised in immense quantities on the west coast of Africa, in South America and in the Southern United States. The vines are dug with pronged hoes or forks, dried for a few days and then stacked for two weeks to cure. The pods are picked by hand from the vines, cleaned in a fanning mill, and sometimes bleached with sulphur, and packed in bags for market. Peanuts are sometimes eaten raw, but usually roasted or baked. In Africa and South America they form one of the chief articles of food. Large quantities of them are made into an oil much like olive oil, and which is used in the same way. It is also used in the manufacture of soap. A bushel of peanuts, when pressed cold, will make a gallon of oil. If heat is used, more oil is made, but it is not so good. In Spain peanuts are ground and mixed with chocolate. Peanut vines make good food for cattle.

The peanut gets its name from the shape of its pod, which is like that of the pea.

### Plastic Metal.

A very useful material, which may be described as a metal paste, has recently been invented. It resembles ordinary white metal in appearance, such as is used for lining the bearings of axles in railway carriages or machinery, and it has a hard, close texture, capable of taking on a high polish. Nevertheless, it can be readily pasted on and spread over another metal by means of a hot soldering iron, and it adheres to its base with great tenacity. It fuses at a temperature of 450 degs. Fahr., and can therefore be readily melted over an ordinary fire. Containing, as it does, neither lead nor spelter zinc, it may be melted over and over again without deteriorating in quality, and this combination of useful properties must render it a very serviceable article in the colonies, where casting furnaces or other foundry appliances are few and far between.

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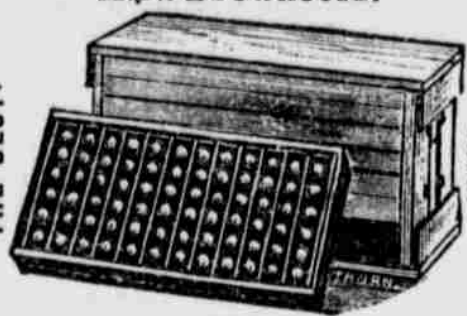
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## CITY AND COUNTY DIRECTORY.

### Courts—Circuit Court.

Judge—A. E. Cole.  
Commonwealth's Attorney—T. A. Curtan.  
Clerk—B. D. Parry.  
Sheriff—J. C. Pickett.  
Deputies: { Dan Ferrine.  
J. H. Rice.  
Jailer—Ed Gault.  
Tuesday after second Monday in January  
April, July and October in each year.

### County Court.

Judge—G. S. Wall.  
County Attorney—J. L. Whitaker.  
Clerk—W. W. Ball.  
Second Monday of each month.

### Quarterly Court.

Tuesday after second Monday in March, June  
September and December in each year.

### Magistrates Courts.

Maysville, No. 1.—W. H. Pollock and J. L. Grant, first and third Tuesdays in March, June, September and December.

Maysville, No. 2.—Wm. Pepper and W. L. Holton, first Saturday and fourth Tuesday same months.

Dover, No. 3.—A. A. Gibbon and A. F. Dobyns first and third Wednesday, same month.

Minerva, No. 4.—O. N. Weaver and J. H. Watson, first and third Tuesdays, same months.

Germantown, No. 5.—S. F. Pollock and James Fegan, first and third Saturdays, same months.

Sardis, No. 6.—J. M. Ball and J. W. Tilton, second and fourth Saturdays, same months.

Mayslick, No. 7.—C. W. Williams and J. D. Raymond, second and fourth Fridays, same months.

Lewisburg, No. 8.—J. M. Alexander and Abner Hord, second and fourth Thursdays, same months.

Orangeburg, No. 9.—W. D. Corvill and W. J. Tully, first Saturday and last Monday, same months.

Washington, No. 10.—John Ryan and James Smithers, fourth Tuesday and third Wednesday, same months.

Murphysville, No. 11.—Lewis Jefferson and E. L. Gault, fourth Monday and third Thursday, same months.

Fern Leaf, No. 12.—S. E. Mastin and J. B. Burgess, second and fourth Saturdays, same months.

### Constables.

Maysville, No. 1.—J. P. Wallace.  
Maysville, No. 2.—W. L. Moran.  
Dover, No. 3.—W. B. McMillan.  
Minerva, No. 4.—James Runyon.  
Germantown, No. 5.—Isaac Woodward.  
Sardis, No. 6.—J. A. Collins.  
Mayslick, No. 7.—Thomas Murphy.  
Lewisburg, No. 8.—S. M. Strode.  
Orangeburg, No. 9.—Thomas Hise.  
Washington, No. 10.—James Gault.  
Murphysville, No. 11.—W. R. Prather.  
Fern Leaf, No. 12.—B. W. Wood.

### Society Meetings—Masonic.

Confidence Lodge, No. 52, first Monday of each month.  
Mason Lodge, No. 342, third Monday of each month.

Maysville, Chapter, No. 9, second Monday of each month.

Maysville Commandery, No. 10, fourth Monday of each month.

### I. O. O. F.

Pisgah Encampment, No. 9, second and fourth Mondays in each month at 7 o'clock.

DeKalb Lodge, No. 12, Tuesday night, each week, at 7 o'clock.

Ringgold, No. 27, Wednesday night, each week, at 7 o'clock.

### K. of P.

Limestone Lodge, No. 36, Friday night of each week.

### I. O. W. M.

Wednesday night each week, at their hall on Second street.

### Sodality B. V. M.

Second and fourth Sundays in each month, at their hall on Limestone street.

### Father Mathew T. A. S.

First Sunday in each month, at their hall on Limestone street.

### St. Patrick's Benevolent Society.

Second Sunday in each month, at their hall on Limestone street.

### Cigar Makers' Union.

First Saturday night in each month.

### I. O. G. T.

Monday night of each week.

### Mails.

K. C. R. R. arrives at 9:30 a. m. and 8:15 p. m. Departs at 5:45 a. m. and 12 m.

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CITY OF PORTSMOUTH, down Tuesday, Thursday, and Saturday at 11 a. m. Up Monday Wednesday and Friday at 10 p. m.

### CITY GOVERNMENT.

The Board of Council meets the first Thursday evening in each month.

Mayor—Horace January.

### Council.

President—L. Ed. Pearce.

First Ward—Fred. Bendel, E. D. Pearce.

Second Ward—Dr. G. W. Martin, Thomas J. Chenoweth, M. C. Hutchins.

Third Ward—Matt. Pearce, Richard Dawson David Heehinger.

Fourth Ward—Dr. J. P. Phister, B. A. Wallingford, John W. Alexander.

Fifth Ward—Wm. B. Mathews, James Hall, Edward Myall.

Treasurer and Collector—E. E. Pearce.

Clerk—Harry Taylor.

Marshal—E. W. Fitzgerald.

Deputies: { Charles McAuliff.  
Wm. Dawson.

Wharfmaster—Robert Ficklin.

Wood and Coal Inspector—Peter Parker.

Marketmaster—M. T. Cockerill.

City Physician—Dr. J. T. Strode.

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